

Patient's Name: _____

Date: _____

ORAL MUCOSITIS

Normal <ul style="list-style-type: none">• Refer to pretreatment nursing assessment or dental evaluation	
Onset <ul style="list-style-type: none">• When did symptoms begin?	
Provoking / Palliating <ul style="list-style-type: none">• What makes it worse? Better?	
Quality (in last 24 hours) <ul style="list-style-type: none">• Do you have a dry mouth? (e.g. decrease in amount or consistency of saliva)• Do you have any redness, blisters, ulcers, cracks, white patchy areas? If so, are they isolated, generalized, clustered, patchy?	
Region / Radiation <ul style="list-style-type: none">• Where are your symptoms? (e.g. on lips, tongue, mouth)	
Severity / Other Symptoms <ul style="list-style-type: none">• How bothersome is this symptom to you (0 - 10 scale)?• Have you been experiencing any other symptoms?<ul style="list-style-type: none">○ Fever?○ Difficulty breathing?○ Bleeding?○ Pain?○ Dehydration?	
Treatment <ul style="list-style-type: none">• Using any oral rinses? If so, what type? Effective?• Using any pain medications? If so, what type (e.g. topical, systemic)? Effective?• Any other medications or treatments?	
Understanding / Impact on You <ul style="list-style-type: none">• Functional Alterations?<ul style="list-style-type: none">○ Ability to eat or drink? How much? Weight loss?○ Taste changes (dysgeusia)?○ Difficulty with speech?○ Able to wear dentures?○ Interfering with other normal daily activity (ADLs)?	
Value <ul style="list-style-type: none">• What is your comfort goal or acceptable level for this symptom (0 – 10 scale)?	