

Please return this booklet to your technologist.



A conversation guide for first-time clients

Don't hesitate to ask us if you have more questions about these important screening mammography topics.



What happens during a screening mammogram?

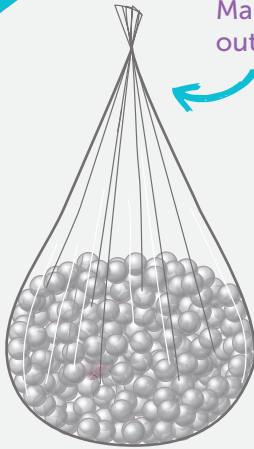


- 1 A female technologist will place your breast on the x-ray machine.
- 2 A plastic plate will hold your breast in place for a few seconds.
- 3 Four pictures will be taken, two of each breast.
- 4 The technologist will check the pictures to make sure they are good quality. If needed, the technologist may take more pictures.

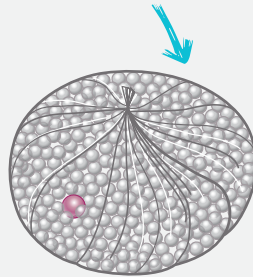


Why is compression
of my breast needed?

Marbles not spread
out all look the same.



Marbles spread out
reveal what is hidden.



Compression helps spread out your breast tissue.
Spreading out your breast allows us to see
changes that may not belong.



When do I get my results?



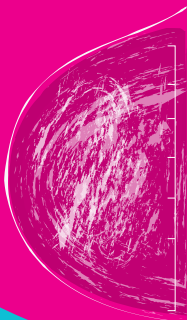
In three weeks, your results will be sent to you and your doctor.

What if my results
are abnormal?



You may be asked to return for additional testing to look more closely at a specific area. This does not mean you have cancer.

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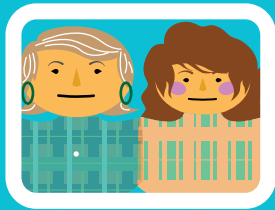
95%

of women who require further testing do not have cancer.





When should I come back?



1

If you have a first degree relative (mother, daughter, sister) with breast cancer, come back in 1 year;

otherwise, come back in 2 years.

2

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screeningbc.ca/breast