Systemic Therapy Update

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for health professionals who care for cancer patients December 2005 Website access at <u>http://www.bccancer.bc.ca/STUpdate/</u>

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IN TOUCH phone list is provided if additional information is needed.

EDITOR'S CHOICE

IMPROVING REFERRAL TO COMMUNITIES ONCOLOGY NETWORK

A number of community oncologists, GPs in oncology practicing in small centres, family physicians, chemotherapy nurses and pharmacists have brought to the attention of the BC Cancer Agency that there are often some difficulties in communication between the Agency and the professional staff in these centres regarding the intended treatment plan for a patient expected to receive chemotherapy in that centre.

We have now posted a new referral form on the BC Cancer Agency website: <u>http://www.bccancer.bc.ca/HPI/ChemotherapyProtocols/Forms.htm</u>. (See attachment)

All medical oncologists, residents and GPs in oncology in the regional satellite centres should complete this form for patients anticipated to receive chemotherapy if they are anticipating the patient will receive chemotherapy in another centre and fax it to the family physician, and the centres' chemotherapy nurse and the pharmacists in that centre to apprise them of the treatment intentions, the regimen and the proposed schedule.

UPDATED ANTIEMETIC GUIDELINES (SCNAUSEA)

The BC Cancer Agency's antiemetic guidelines (**SCNAUSEA**) have been updated and completely reformatted. This protocol is evidence-based and easy to use, with the first three pages containing all the information needed to start caring for patients.

- Page 1 describes prophylactic antiemetic *regimens*.
- Page 2 gives *therapeutic tips*, defines emetogenicity, and explains how to determine the emetogenicity of chemotherapy regimens.
- Pages 2 and 3 outline a stepwise *approach to treatment failures*.

There are now three levels of antiemetic prophylaxis. As before, patients receiving "highly emetogenic" chemotherapy should be premedicated with a 5-HT₃ antagonist (e.g., ondansetron) and a corticosteroid. Patients receiving "rarely emetogenic" chemotherapy can be treated on a "prn only" basis. The third group includes those "in between" patients for whom a 5-HT₃ antagonist is not warranted, but an as-needed regimen is not sufficient. In agreement with national and international guidelines, and indeed with our own daily practice, the Low Emetogenicity regimen was created for use with these patients.

However, there is often a need for an intermediate regimen; i.e., a 5-HT₃ antagonist is not warranted, but an asneeded regimen is not sufficient. In agreement with national and international guidelines, and indeed with our own daily practice, the Low Emetogenicity regimen was created.

The evidence base of the SCNAUSEA has been largely provided by the comprehensive review of the literature by Dr. Paul Hoskins of the Vancouver Centre, BC Cancer Agency. Additional thanks are due to the many enthusiastic reviewers of this protocol. Important and helpful feedback was received from pharmacists, nurses, and physicians. Reviewers represented all four regional centres, as well as one CON site: special thanks to Daryl Regier and Lynn Shervill of the Bulkley Valley Hospital in Smithers. The updated protocol may be found at www.bccancer.bc.ca/ChemoProtocols > Supportive Care.

Sarah Jennings, B.Sc. (Biomed), B.Sc.Phm. Acting - Oncology Drug Information Specialist BC Cancer Agency

CANCER DRUG MANUAL

Erlotinib (Tarceva®) monograph and handout These have been developed for this new agent currently licensed for advanced non-small cell lung cancer. Note that erlotinib is not a BC Cancer Agency benefit drug and use of this agent continues to require undesignated request approval.

Docetaxel monograph has been revised to clarify amount of diluent used for reconstitution.

Pamidronate monograph has undergone minor revision on the general management for osteonecrosis of the jaw.

Interferon monograph has been revised for a typo in dosing (total dose per cycle should read 9 MU and not 90U).

HIGHLIGHTS OF PROTOCOL CHANGES

Supportive Care Protocol Summaries The antiemetics protocol (**SCNAUSEA**) has been updated and completely reformatted to allow step-by-step approach to the use of antiemetics for chemotherapy. For more details, see Editor's Choice above.

A new protocol has been introduced for the management of hypersensitivity reactions to chemotherapy agents (**SCDRUGRX**). This is based on the BC Cancer Agency policy on hypersensitivity reactions and presented in more user-friendly format.

LIST OF NEW AND REVISED PROTOCOLS

The **BC Cancer Agency Protocol Summaries** are revised on a periodic basis. New and revised protocols for this month are listed below. Protocol codes for treatments requiring "Undesignated Indication" approval are prefixed with the letter **U**.

New protocol:

Code	Protocol Name
SCDRUGRX Management of Hypersensitivity Reactions to Chemotherapeutic Agents	

Revised protocols: Code Protocol Name Changes BRAJCEF dose modification clarified Adjuvant therapy for breast cancer using doxorubicin and cyclophosphamide Adjuvant therapy for breast cancer using fluorouracil, epirubicin and BRAJFEC dose modification clarified cyclophosphamide BRAVNAV IV flushing regimen clarified Palliative therapy for symptomatic metastatic breast cancer using vinorelbine (Navelbine®) BRAVTPC title revised, reference typo Palliative therapy for metastatic breast cancer using trastuzumab (Herceptin®), paclitaxel and carboplatin as first-line treatment for advanced breast cancer corrected Palliative therapy for metastatic breast cancer using trastuzumab (Herceptin®) BRAVTRNAV IV flushing regimen clarified and vinorelbine IV flushing regimen clarified Palliative chemotherapy for re-treatment of ovarian, tubal, and peritoneal cancer GOOVVIN using vinorelbine number of treatment cycles Adjuvant therapy for urothelial carcinoma using cisplatin and gemcitabine (U)GUAJPG corrected, reference added reference added Neo-adjuvant therapy for urothelial carcinoma using cisplatin and gemcitabine (U)GUNAJPG timing of PSA testing clarified, **GUPDOC** Palliative therapy for metastatic hormone refractory prostate cancer using prednisone added to treatment, docetaxel and prednisone title revised LUNAVP IV flushing regimen clarified Treatment for advanced non-small cell lung cancer (NSCLC) with cisplatin and vinorelbine SAAVGI indications broadened, higher Treatment of advanced c-kit positive gastrointestinal stromal cell tumours (GIST's) dose option on failure added using imatinib (Gleevec®) **SCNAUSEA** updated and reformatted Prevention and treatment of chemotherapy-induced nausea and vomiting in adults

LIST OF NEW AND REVISED PRE-PRINTED ORDERS

The **INDEX to BC Cancer Agency Pre-printed Orders** are revised on a periodic basis. The revised preprinted orders for this month are listed below.

Code	Changes	Protocol Name		
BRAJFEC	Hydrocortisone box added to the Premedications section	Adjuvant Therapy for Breast Cancer Using Fluorouracil, Epirubicin and Cyclophosphamide		
BRAJTR	Interval x 3 weeks added to the treatment section for Cycle 2	Adjuvant Therapy for Breast Cancer using Trastuzumab (Herceptin®) following the Completion of Chemotherapy (Sequential)		
BRAVDOC7	timing of blood work clarified	Palliative therapy for metastatic breast cancer using weekly docetaxel (Taxotere®)		
BRAVNAV	IV flushing regimen clarified	Palliative therapy for symptomatic metastatic breast cancer using vinorelbine (Navelbine®)		
BRAVTR	Interval x 3 weeks added to the treatment section for Cycle 2	Palliative Therapy for Metastatic Breast Cancer using Trastuzumab (Herceptin®)		
BRAVTRNAV	IV flushing regimen clarified	Palliative therapy for metastatic breast cancer using trastuzumab (Herceptin®) and vinorelbine		
GIPAJFF	timing of blood work clarified	Adjuvant therapy for resected pancreatic cancer using leucovorin and fluorouracil		
GOOVVIN	IV flushing regimen clarified	Palliative chemotherapy for re-treatment of ovarian, tubal, and peritoneal cancer using vinorelbine		
GUAVPG	Clarification of prehydration orders	Palliative therapy for urothelial carcinoma using cisplatin and gemcitabine		
GUPDOC	timing of PSA clarified prednisone added to treatment	Palliative therapy for metastatic hormone refractory prostate cancer using docetaxel and prednisone		
LYFLUDR	height, weight and BSA added	Treatment of chronic lymphocytic leukemia or prolymphocytic leukemia with fludarabine and rituximab		

Revised pre-printed orders:

CONTINUING EDUCATION ON-LINE: On Target: Molecular Targets in Oncology Care. By the end of this webbased continuing education program, you will be able to:

- Summarize the roles of HER1/EGFR and VEGF activity in cancer
- Identify patients most likely to respond to HER1/EGFR and VEGF targeted therapies
- Discuss the rationale for combination targeted therapy
- Discuss symptom management and patient education specific to HER1/EGFR and anti-VEGF targeted therapies

http://oes.digiton.com/on_target/objectives.asp

Article of the month: Viel, C. (2005). Keys to Unlock Cancer: Targeted Therapy. <u>Oncology Nursing Forum</u> 32(5), 935-940.

This article will support your learning on the targeted therapies that are discussed in the above webcast. It focuses on the function of the human EGFR family and VEG-F mediated angiogenesis and their role in therapeutic options for tumour growth.

Follow this link <u>http://www.ons.org/publications/journals/ONF/Volume32/Issue5/3205toc.asp</u> if you are on the BCCA network.

If you are <u>not</u> on the BCCA network and wish to have a copy of this article, please send your request to: <u>requests@bccancer.bc.ca</u>. You <u>must</u> include the name of the article and also your mailing address.

Judy Oliver, RN. BScN, Med Education Resource Nurse BC Cancer Agency

POLICIES AND PROCEDURES

New Pharmacy Policy on Handling Delivery of Cytotoxic and Hazardous Vials A new policy (Pharmacy Policy III-40-03) has been approved by the BC Cancer Agency Provincial Pharmacy Professional Practice Council. The results of several European and American studies have shown that surface contamination exists on commercially available vials of chemotherapy as delivered from manufacturers. Given the increasingly global nature of the pharmaceutical supply chain, it is assumed that vials delivered to Canadian hospital pharmacies are also contaminated.

Exposure control steps should begin when cytotoxic and hazardous drugs enter the facility. For example, persons involved in drug distribution, receiving and inventory control should:

- 1. be informed of the existence of surface contamination on chemotherapy and hazardous drug vials,
- 2. wear gloves when handling chemotherapy and hazardous drug vials,
- 3. quarantine packages with visual signs of damage, and open in a biological safety cabinet (BSC) using personal protective equipment (e.g., gown, gloves, etc.),
- 4. wash their hands after handling chemotherapy and hazardous drug vials (N.B. gloves are not a substitute for hand washing),
- 5. dispose of potentially contaminated materials (e.g., gloves) as hazardous waste.

Employers are encouraged to:

- 1. make sure the storage area has sufficient general exhaust ventilation to dilute and remove any airborne contaminants,
- 2. depending on the physical nature and quantity of the stored drugs, consider installing a dedicated emergency exhaust fan that is large enough to quickly purge airborne contaminants from the storage room in the event of a spill and prevent contamination in adjacent areas,
- 3. purchase products, which are verified to be free of external contamination.

For any questions regarding this matter, please discuss them with your regional BC Cancer Agency Pharmacy Professional Practice Leader or a member of the Pharmacy Safe Handling Working Group.

To request a copy of the policy, contact Gigi Concon at 604.877.6000 x 2247 or gconcon@bccancer.bc.ca.

WEBSITE RESOURCES

The followings are available on the BC Cancer Agency website (<u>www.bccancer.bc.ca</u>) under the Health Professionals Info section:

Reimbursement and Forms: Benefit Drug List,	www.bccancer.bc.ca/HPI/ChemotherapyProtocols/Forms	
Class II, Undesignated Indication		
Cancer Drug Manual	www.bccancer.bc.ca/cdm	
Cancer Management Guidelines	www.bccancer.bc.ca/CaMgmtGuidelines	
Cancer Chemotherapy Protocols	www.bccancer.bc.ca/ChemoProtocols	
Cancer Chemotherapy Pre-Printed Orders	www.bccancer.bc.ca/ChemoProtocols under the index	
	page of each tumour site	
Systemic Therapy Program Policies	www.bccancer.bc.ca/HPI/ChemotherapyProtocols/Policies	
Unconventional Cancer Therapies Manual	under Patient/Public Info, Unconventional Therapies	

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ONCOLOGIST'S REFERRAL FOR CON CHEMOTHERAPY

Date/Time:							
ALLERGY/ALERT: No known drug allergy OR Allergies to							
Ht cm	Wt	kg	BSA	m ²			
Clinical summary:							
BCCA Oncologist		3-563-7773 local 0-523-2885 local		63-3333 local 70-3322 local			
Next chemotherapy treatment to							
Supervising physician (Con	nmunity Oncologis	st):					
Community Oncology (CON	N) site:						
Date next chemotherapy du	ie:						
Protocol:							
Please fax the following docume This page Oncology consultation Protocol Protocol pre-printed orders Chemotherapy Patient Treat Other							
 Pharmacy in Please call Local 5937 to arr 	ange urgent trans	- - scription and Faxing ou	t of today's note				
See general order sheet for	additional request	S.					
DOCTOR'S SIGNATURE				Signatures UC: RN:			

Approved by Systemic Therapy Program 01 October 2005